Simple legit

Noleen Fourie

VEREENIGING. – All animal lovers know they have a special connection with their pets. Often you pick up on

their moods, feelings and needs, just as you will notice that your beloved pet sometimes knows exactly when you are in need of a little extra comforting.

But did it ever occur to you that there might be a way to further develop this kind of communication with your pets? That there could be a way to connect and communicate with all the animals around you?

This is a skill that Jenny Shone, international animal healer and communicator, was born with and that she developed even more throughout her life. She recently presented an Animal Telepathic Communication workshop in Arcon Park, and Vaalweekblad was given an opportunity to partake in the day's activities.

The workshop, held in a relaxing atmosphere with fellow-animal lovers, started off with Jenny sharing some of the amazing encounters she had had with a huge variety of animals in the past.

After that a few relaxation exercises were done, participants were taught how to clear their minds, getting rid of negativity and establishing a connection with the animals. They also got the chance to practice this on animals. Some finer points that were also covered include the following:

 We can receive messages from animals either through pictures, feelings, thoughts or even a physical sensation within yourself.
Some of us may only receive pictures whilst others may receive feelings or thoughts.

 Initially you may feel that you are getting nothing. Don't worry, it is just that you are not recognising what is coming through.

 It is important to learn to still calms your mind, ignore any thoughts coming through and finding your still point. This is the only way you will truly be able to hear the voices and thoughts of the animals.

According to Jenny the best thing to do is let go of everything you know and be open to anything new that may come through. In other words – be more DOG like: Accept without judgment, trust without fear and love unconditionally.

Participants of the workshop left with a wealth of new information, and a glimpse of a magical new world.

Jenny Shone (middle front), international animal healer and communicator, with everyone who attended her recent Animal Telepathic Communication workshop.



More about Jenny...

Jenny Shone has had a telepathic connection with animals all her life. In 2002 she travelled to The Isle of Man where she fine-tuned her telepathic skills with world renowned animal communicator, Amelia Kinkade. On her return she started helping friends with 'problem animals', and after three months she was in such demand that she had to give up everything else and go into animal communication full time. In 2005 she published her first book, "Paws and listen to the voices of animals", as well as the Paws and listen Meditation CD and pack of animal inspiration cards.

She has featured on different television programmes

and there have been numerous articles on her, by her and about the work she does, in both magazines and newspapers. She has also been interviewed on many different radio stations.

Some of her celebrity clients include Max and Yogi, the "Dulux Dogs", Gilbert the Zebra who appeared in the movie Racing Stripes as well as most of the animals seen in the series Wild at Heart. In 2008 Jenny was nominated for Woman of the Year in SA. Private consultations with Jenny can be arranged locally, or can be done via email using a photograph. For more information contact Jenny at jenny@animalhealing.co.za or visit www.animalhealing.co.za